KINSALE f O & Weekly Guide to WHAT'S ON in Kinsale & District

Volume 35 #23/24

Thurs 20th Iune 2024

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HAPPY FATHER'S DAY!

Three great options to choose from...





Breakfast, lunch or our fab new summer menu with live music by Bought and Sold at 8 pm!







Hamlet

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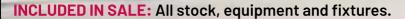
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Happy FATHER'S DAY

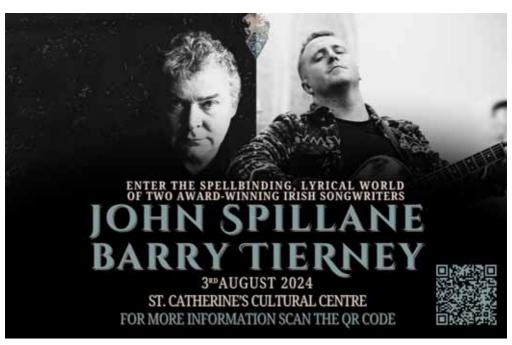
Why not treat the father figure in your life to a relaxing lunch in Actons Hotel.



Sunday 16th June

Sidneys Bar and Garden Lounge open for food daily from 12pm until 9pm. Gift vouchers also available online and at reception.

021 477 9900 / res@actonshotelkinsale.com / www.actonshotelkinsale.com





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Please contact us for appointment by call/text on mobile: 087 9872783 or email: sabinegraef63@gmail.com



Some conditions treated in the clinic:

- Headaches
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- Back Pain
- Shoulder Pain/ Problems
- Elbow/Wrist Problems
- Carpal Tunnel
- Syndrome
- Postural Distortions

- Hip Pain/Discomfort/ Soft Tissue Repair
- Problems
- Knee Pain/Problems
- Ankle/Foot Problems
 Muscular Disorders/
- Sciatica
- Nerve Entrapment
- Joint Pain/ Discomfort
- Strains/Sprains
- Sports Injuries/ Recovery

- Connective Tissue
- Repair
- Conditions
- Coordination Development
- · Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

By appointment: Sabine Graef (BEd., SMT, NMPT)

Mobile 087 9872783

No. 26 Haven Bay Apt, Ballinacubby, Kinsale

Registered Member

FINE GAEL **MARIE** O'SULLIVAN

Local Election Candidate - Bandon/Kinsale

Thank You

Thank you to each and every one of you who put your confidence in me by voting for me last Friday. I am humbled and honoured to represent the people of the Bandon / Kinsale area for the next 5 years and will work with the other Public Representatives of the district to ensure that our area is well looked after by Cork County Council.

I would also like to thank all the people who were involved in my campaign whether it be on the canvass, postering, logistics... you were all an amazing group of people who made this journey over the past six weeks a lot easier and definitely entertaining.

A big thank you to my staff in Salvi's for keeping the show on the road and to my wonderful family who are always there to support me.

To the other candidates who didn't make it over the line this time commiserations, it takes a lot of courage to let your name go before the electorate and for doing that alone you can be very proud.

Thanks again, Marie

- 086 334 4703
- sully1967@msn.com
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Eli Lilly Kinsale Ltd.

APPRENTICESHIP PROGRAMME IN THE FOLLOWING TRADES:

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Programme duration is normally four years, which on successful completion will lead to a FETAC Level 6 Qualification.

Applicants must have achieved at least Grade O5 in five Leaving Certificate subjects, including Mathematics and preferably one Technical subject.

These are entry level, on-the-job & classroom training based programmes and are therefore ideally aimed towards recent school-leavers.

Candidates should apply online via www.lilly.ie/careers

The relevant job posting references are:

- Mechanical, Automation & Maintenance Fitting: R-64003
 - · Electrical Instrumentation: R-64004

Closing date for applications is COB Friday 21st June 2024

Note: The interview process will take place throughout July, 2024. Therefore candidates need to be available during the month of July.

Eli Lilly Kinsale Ltd. is an equal opportunities employer.





Ballinacurra WOODEN HOUSE, KINSALE

WHEN

July 1st-5th, 2024 (5-7 Years Old) July 8th-12th, 2024 (8-10 Years Old)

TIME

From 10am-1pm



Summer Camps

KIDS SOUND

CONTACT DETAILS

Bogna Siegel-O'Keeffe e-mail: bognusiasiegel@yahoo.co.uk phone: 086 0809 258

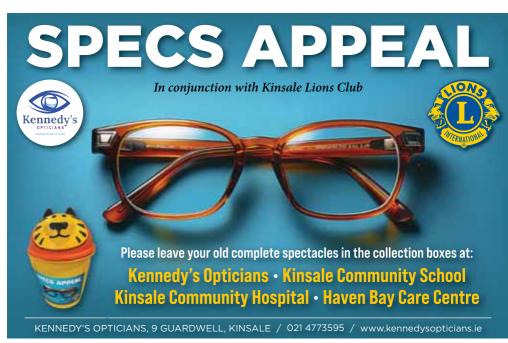










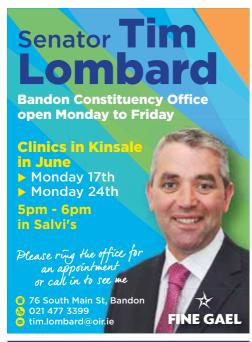


















To all Owners of Commercial Premises in Kinsale.

We ask you please, to consider adopting "ownership" of the area in front of your premises, with the view of keeping it clean, (in conjunction with your neighbour), on a daily basis. Cleaning of cigarette butts is especially helpful to us. This would go a long way in our endeavour to keeping Kinsale clean and tidy. It would also help towards our participation in the National Tidy Towns Awards.

Thank you, Kinsale Tidy Towns Committee.



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Tuesday Wednesday Saturday

6pm Bootcamp, Dock Beach 7.45am Hardcore Circuits, Madden Park 8.45am Beginner Circuits, Madden Park

Personal Trainer / Menopause Coach

Memorial Mass for

SHANE **FITZSIMONS**

Kinsale, Cork



A Memorial Mass will take place to remember the life of our beloved Shane who died on October 27th 2023 in Connecticut, USA.

Saturday 22nd June 2024 11am Kinsale Parish Church

I think of things you used to say, and all that you would do. At some point, every single day, my thoughts will turn to you. No matter how life changes, no matter what we do. A special place within our hearts is always kept for you.

Always remembered and forever loved.











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MIDS (Age 9-11)

10am-4pm €200

12th-16th AUG

SENIORS (Age 12+)

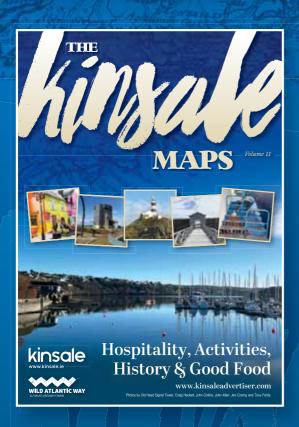
9.30am-5pm €250

Works out at under €7 per hour. €25 deposit required to secure a place.

www.lucyfrenchschoolofdance.com



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Market Lane, Kinsale

Members Get-Together

Every Tuesday: 7pm-9pm Every Friday: 10am-12pm

Interested in joining? Come along!

For more information please contact 087 6657684

Follow us on Facebook: Kinsale Men's Shed



NOTICES

DON & BARRY'S HISTORIC STROLL

DAILY TOURS AT 11.15am 7 DAYS A WEEK FROM THE TOURIST OFFICE

Also at 9.15am, Monday - Saturday

"Excellent... Kinsale's single best attraction... A joy... Be sure to take it" Rick Steves

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KINSALE BAPTIST CHURCH Sundays, 11am **Temperance Hall**

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Kinsale Active **Retirement Association**

TUESDAY 18th JUNE TEMPERANCE HALL. 2PM

Light exercise followed by

Terry Connolly:

A talk on the explorations of the McCarthy brothers of Kinsale.

WHAT'S ON in Kinsale & District

THURS 13th IUNE

BLUE HAVEN: Trad Duo, 8pm. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. **HAMLETS:** Old No. 7. 7.30pm-9.30pm. KINSALE **HARBOUR CRUISES:** Opposite Actons. 1pm, 2pm, 3pm. KINSALE TIDY TOWNS: Litter picking. Meet at Library at 7pm WHITE HOUSE: Trad music, 9pm.

FRI 14th JUNE

BLUE HAVEN: Southern Roots. 9.30pm. **CORK COUNTY** COUNCIL: Deadline for applications for the Streetscape Painting, Signage and Improvement Scheme 2024.

bandonkinsalemd@corkcoco.ie **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. **HAMLETS:** Live DJ, 9.30pm. **KINSALE HARBOUR CRUISES:** Opposite Actons. 1pm, 2pm, 3pm. KINSALE MEN'S SHED: Members get-together, 10am-12pm. TRUCOLOUR PAINTS. CARRIGALINE: Chat to our in-store colour consultant/ interior designer

SAT 15th IUNE

BLUE HAVEN: Crazy Chester, 10pm.

Gwen McCarthy,

Free of charge.

9.30am-12.30pm.

BULMAN: Guy LeBlanc, 7pm-9pm. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. FLORAL CAKE **DECORATING** WORKSHOP: 10am - 2pm. €100. All materials provided. More info call Diana 086 1770039. HAMLETS: DJ Denis, 6pm-8pm. 9.30pm. KINSALE HARBOUR CRUISES: Opposite Actons. 1pm, 2pm, 3pm. ST. MULTOSE CHURCH: Kinsale Voices Concert with songs and sounds of the summer. 8.00pm. Free admission. Retiring collection for Alzheimer's Society of Ireland &

www.facebook.com/kinsalevoices STRONGER WITH SIOBHAN:

Rape Crisis Ireland.

7.45am: Hardcore Circuits at Madden Park. 8.45am: Beginner's Circuits at Madden Park. Call Siobhan Devlin: 087 2771899. THE EVERYMAN: The Summer I

Robbed a Bank. 12.00pm & 4.00pm. www.everymancork.com/box-office/

FATHER'S DAY **SUN 16th JUNE**

ACTONS HOTEL: Join us for Father's Day lunch. **BLUE HAVEN:** Bought & Sold, 8pm. **BULMAN:** Paul O'Donnell & Cliodhna Octigan. 7pm-9pm.

DON & BARRY'S HISTORIC STROLL: 11.15am from the Tourist Office. KINSALE BAPTIST CHURCH: Temperance Hall, 11am. KINSALE **HARBOUR CRUISES:** Opposite Actons. 1pm, 2pm, 3pm. THE EVERYMAN: The Summer I Robbed a Bank. 2.00pm.

www.everymancork.com/box-office TRIDENT HOTEL: Join us for Father's Day in the Wharf Tavern. www.tridenthotel.com

MON 17th IUNE

BLUE HAVEN: Ben and Clem, 8pm. **DON & BARRY'S HISTORIC STROLL:** 9.15am & 11.15am from Tourist Office. KINSALE OUTDOOR **EDUCATION CENTRE:** Weekly Sailing Summer Courses. 10am - 4.30pm Monday to Friday www.kinsaleoec.com KINSALE **HARBOUR CRUISES:** Opposite Actons. 1pm, 2pm, 3pm. KINSALE **TENNIS CLUB:** Summer Camp with Fitzy. Advanced Competitive Yellow Ball Players. 12-18 yrs. www.kinsaletennisclub.com **OYSTERHAVEN** ACTIVITY CENTRE: Summer Sailing & Windsurfing Skills Camps. www.oysterhaven.com STRONGER WITH SIOBHAN: 6.45am: Strength & Conditioning, via Zoom. Call Siobhan Devlin: 087 2771899.

SENATOR TIM LOMBARD: Clinic in Salvi's. 5pm-6pm.

TUES 18th JUNE

BLUE HAVEN: Trad Duo, 8pm. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. KINSALE ACTIVE RETIREMENT ASSOC: Temperance Hall. 2pm. Terry Connolly will give a talk on the explorations of Kinsale's McCarthy brothers. KINSALE HARBOUR CRUISES: Opposite Actons. 1pm, 2pm, 3pm. KINŚALE MEN'S SHED: Members get-together, 7pm-9pm. LATITUDE KINSALE: **Exhibition at Kinsale** Library starts today. www.latitudekinsale.com STRONGER WITH SIOBHAN: 8pm: "Lift" Strength Training at Madden Park. Call Siobhan Devlin: 087 2771899. WHITE HOUSE: Trad music, 8,30pm.

WED 19th IUNE **BLUE HAVEN:** Mike O'Riordan, 8pm. **DON & BARRY'S** HISTORIC STROLL: 9.15am & 11.15am from Tourist Office. KINSALE HARBOUR CRUISES: Opposite Actons. 1pm, 2pm, 3pm. TANTALUS PLANT NURSERY: Selling plants and flowers at Tantalus Farm Gate, next to Spaniard, 10am - 1pm.







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