

FREE

KINSALE Advertiser



Weekly Guide to **WHAT'S ON** in Kinsale & District

Volume 35
#19/24
Thurs 16th
May
TO
Thurs 23rd
May
2024

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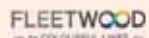
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16th-31st
MAY

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Image: www.dreampl.com



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Weekly from
Monday 3rd June

Windsurfing Get Up & Go!
Windsurfing Go 4 It!

Weekly from
Monday 3rd June

9.30am - 3.30pm
Monday - Friday

Cost: €310.00 per person

*Price includes
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Min. Age 11 Yrs.

Pre-Booking Essential Via
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Special Occasions



Pier One Restaurant

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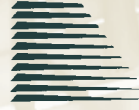
The Harpoon Banqueting Suite

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on mobile: 087 9872783 or email: sabinegraef63@gmail.com



Some conditions treated in the clinic:

- Headaches
- Migraines
- Neck Pain
- Back Pain
- Shoulder Pain/Problems
- Elbow/Wrist Problems
- Carpal Tunnel Syndrome
- Postural Distortions
- Hip Pain/Discomfort/Problems
- Knee Pain/Problems
- Ankle/Foot Problems
- Sciatica
- Nerve Entrapment
- Joint Pain/Discomfort
- Strains/Sprains
- Sports Injuries/Recovery
- Soft Tissue Repair
- Connective Tissue Repair
- Muscular Disorders/Conditions
- Coordination Development
- Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

By appointment: **Sabine Graef** (BEd., SMT, NMPT)

Mobile **087 9872783**

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2024

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Baking Arts & Crafts etc.

Details on website www.belgoolyshow.com
Sheila Foott-Kelleher: 086 3627490 after 7.30pm
Email: foottsheila@gmail.com

Entry forms also available from Allen's, Belgooly & Flynn's, Riverstick.

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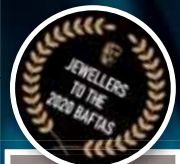
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GYM FUSION

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AGE 3-5

AUG 6th-8th
10am-12pm

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JULY 29th-AUG 2nd
10am-2pm

GYM FUSION

JULY 29th-AUG 1st
2pm-4.30pm

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- ✓ Skills & Progressions
- ✓ Fun & Games

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www.superstarsstageschool.com

MORE INFO: 087 7933505 @superstarscork_acrogymnastics



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**Cork
County Council**
Comhairle Contae Chorcaí

Streetscape Painting, Signage & Improvement Scheme 2024

Bandon Kinsale Municipal District of Cork County Council is pleased to announce the following schemes to promote town centre regeneration and business growth in Bandon and Kinsale Municipal District for 2024.

1. Tenants or owners of buildings can avail of a grant of up to 50% of the full cost of painting the facades along the street which may include paint, labour, scaffold/ hoist and other materials etc. Priority will be given to full facade i.e. shop fronts and overhead. Two quotations from registered painting contractors will be required.
2. Applications on a full street basis (10 or more adjacent buildings on one street) will be prioritised over individual applications. If a full street joins together a grant of 60% will be provided.
3. Tenants or owners of buildings in the Town Centre can avail of a grant of up to 50% of the costs of replacing existing plastic, neon & printed signs etc. with "Heritage Type Signs".
4. A contribution to a maximum of 100% will be paid towards the cost of materials where it is proposed the tenant/owner will undertake the works themselves.

**Deadline for receipt of applications is
Friday 14th June 2024.**

Application forms and further details of the Scheme can be obtained from the Municipal Hall, Kinsale on **021 4772154** or **bandonkinsalemd@corkcoco.ie**

Disney Classics
by candlelight

**Sunday
19th May**

**CARMELITE
FRIARY CHURCH
KINSALE**

*Show starts
7pm sharp*



Starring:
**Brian Gilligan and
Naoise Stuart Kelly
with Frank McNamara**



*Tickets on
Eventbrite
or at door*



The Detail Studio

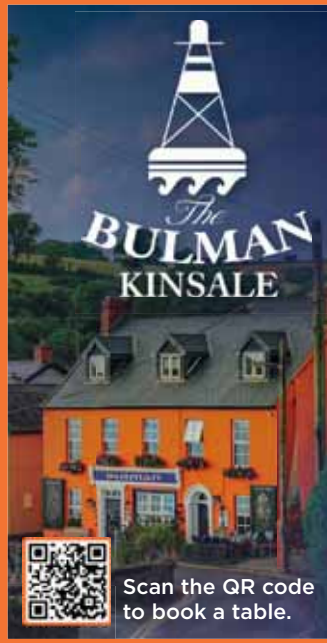
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**Chris 085 8173154
Philip 085 7550381**

www.facebook.com/the.detail.studio.2024
www.instagram.com/thedetailstudio



Live Music

Sat 18th May **Hugh Dillon Trio** 9pm-11pm
Sun 19th May **Old No. 7** 7pm-9pm

MONDAY
Bar open from 4pm. Kitchen closed.

TUESDAY
Bar open from 4pm. Dinner from 6pm.
(Booking recommended)

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SUNDAY
Lunch only. Kitchen closed at 4pm.



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Stock images: veestock, kenahistock @ freepik.com



Kinsale
Tidy Towns



Smith's
SuperValu
of Kinsale

are hosting an

INFORMATION & FUNDRAISING DAY

on Saturday 25th May at SuperValu.

Come along and see how you can get involved and become a Volunteer with Kinsale Tidy Towns.



mywaste

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Reminder that Cork County Litter Challenge has commenced.
Please sweep outside your premises daily and please bin your cigarette butts!

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KINSALE



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Saturday 7.45am Hardcore Circuits, Madden Park
8.45am Beginner Circuits, Madden Park

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WEDEL** **BILLY
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Ms. Ellie's

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22ND MAY 2024

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8pm

RAFFLE

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including the Guide to **WHAT'S ON** in Kinsale & District

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Lombard**

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Clinic in Kinsale
**MONDAY
20th MAY**
**5pm - 6pm
in Salvi's**

*Please ring the office for
an appointment
or call in to see me*



76 South Main St, Bandon
021 477 3399
tim.lombard@oir.ie

FINE GAEL

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Summer Camp for Young Children
Naíonra na Mara

Campa 1/Camp 1 24/06/24 - 28/06/24
Campa 2/Camp 2 01/07/24 - 05/07/24
Campa 3/Camp 3 08/07/24 - 12/07/24

3 go dtí 7 mbliana daois (3 to 7 year olds)
9r.n go dtí 1i.n gach lá - 9am to 1pm each day
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- Co-ordinator must be organised and able to multitask to coordinate the process smoothly.
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OLD HEAD LIGHTHOUSE OPEN DAYS
Saturday 25th & Sunday 26th May

Shuttle buses from the Old Head Signal Tower from 9:30am - 5pm.
Fundraising event for the Lusitania Museum
Adults €15/Family €40.
No pre-booking necessary.
More info contact 021 4191285
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**DAILY TOURS AT 11.15am
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Miraculous Prayer

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it.

Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. ROM

WHAT'S ON in Kinsale & District

THURS 16th MAY

BANDON CO-OP:
10% off Gardening every Thursday. Up to 20% off Garden Paint and Barbecues until 26th May.

BLUE HAVEN:
Trad Duo, 8pm.
DON & BARRY'S HISTORIC STROLL:
9.15am & 11.15am from Tourist Office.

KINSALE HARBOUR CRUISES:
Opposite Actons. 1pm.
KINSALE HOTEL & SPA:

Spa Specials: Monday to Thursday until 31st May.

spa@hotelkinsale.ie

KINSALE TIDY TOWNS:

Litter picking. Meet at Library at 7pm

WHITE HOUSE:
Trad music, 9pm.

FRI 17th MAY

BLACKS BREWERY & DISTILLERY:
Sunset Sessions with DJ Ste Flynn. 7.30pm-9.30pm. Pizza until 8pm.

BLUE HAVEN:
Old No. 7, 9.30pm.
DON & BARRY'S HISTORIC STROLL:
9.15am & 11.15am from Tourist Office.

KINSALE HARBOUR CRUISES:
Departs opposite Actons. 1pm.

TRUCOLOUR PAINTS, CARRIGALINE:

Chat to our in-store colour consultant/interior designer Gwen McCarthy, 9.30am-12.30pm. Free of charge.

SAT 18th MAY

BLUE HAVEN:
Velvet Duo, 10pm.

BULMAN:
Hugh Dillon Trio, 9pm-11pm.

DON & BARRY'S HISTORIC STROLL:
9.15am & 11.15am from Tourist Office.

HAMLETS:
DJ, 9.30pm.

KINSALE HARBOUR CRUISES:

Departs opposite Actons. 1pm, 2pm.

STRONGER WITH SIOBHAN:
7.45am: Hardcore Circuits at Madden Park.

8.45am: Beginner's Circuits at Madden Park.

Call Siobhan Devlin: 087 2771899.

SUN 19th MAY

BLUE HAVEN:
Bought & Sold, 8pm.

BULMAN:
Old No. 7, 7pm-9pm.

DON & BARRY'S HISTORIC STROLL:
11.15am from the Tourist Office.

KINSALE BAPTIST CHURCH:
Temperance Hall, 11am.

KINSALE HARBOUR CRUISES:

Departs opposite Actons. 1pm, 2pm.

FRIARY CHURCH:
Disney Classics by Candlelight. 7pm sharp.

Tickets on eventbrite and at door.

KINSALE HOTEL & SPA:

Spa Wellness Day. 10am-6pm. A day of mindfulness, meditation and stress relief. Bookings: spa@hotelkinsale.ie

MON 20th MAY

BLUE HAVEN:
Ben and Clem, 8pm.

DON & BARRY'S HISTORIC STROLL:
9.15am & 11.15am from Tourist Office.

KINSALE HARBOUR CRUISES:
Departs opposite Actons. 1pm.

SENATOR

TIM LOMBARD:
Clinic in Salvi's, 5pm-6pm.

STRONGER WITH SIOBHAN:
6.45am: Strength & Conditioning, via Zoom.

Call Siobhan Devlin: 087 2771899.

TUES 21st MAY

BELGOOLY SHOW:
Closing date for entries.

BLUE HAVEN:
Trad Music, 8pm.
DON & BARRY'S HISTORIC STROLL:
9.15am & 11.15am from Tourist Office.

KINSALE ACTIVE RETIREMENT ASSOC:
Temperance Hall, 2pm. Sing along with Frances and her songsters..

KINSALE HARBOUR CRUISES:
Departs opposite Actons. 1pm.

STRONGER WITH SIOBHAN:

8pm: "Lift" Strength Training at Madden Park. Call Siobhan Devlin: 087 2771899.

WHITE HOUSE:
Trad music, 8.30pm.

WED 22nd MAY

BLUE HAVEN:
Mike O'Riordan, 8pm.

DON & BARRY'S HISTORIC STROLL:
9.15am & 11.15am from Tourist Office.

FUN WITH FLOWERS & FASHION:

Actons Hotel, 8pm. In aid of the Friary Church Renovation Fund. Tickets €20.

KINSALE HARBOUR CRUISES:
Departs opposite Actons. 1pm.

THURS 23rd MAY

BANDON CO-OP:
10% off Gardening every Thursday.

BLUE HAVEN:
Trad Duo, 8pm.
DON & BARRY'S HISTORIC STROLL:
9.15am & 11.15am from Tourist Office.

KINSALE HARBOUR CRUISES:
Departs opposite Actons. 1pm.

KINSALE TIDY TOWNS:
Litter picking. Meet at Library at 7pm

WHITE HOUSE:
Trad music, 9pm.

Cllr. Gillian
Coughlan

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