

FREE

Vol. 22 Issue 09/11

Friday 4th - Thursday 10th March 2011

KINSALE ADVERTISER

INCLUDING THE WEEKLY **WHAT'S ON** GUIDE TO KINSALE & DISTRICT

Tel: 021 477 4313 :: Email: info@kinsaleadvertiser.iol.ie :: Fax: 021 477 4339

Bridgestone 2011

Michelin 2011

Georgina Cambell 2011

Lucinda O'Sullivan 2011

Max's

48 Main St., Kinsale

maxs.ie

Restaurant



& Wine Bar

Now Open for the 2011 Season!
with exciting new recipes...

Open from 6pm
Wednesday to Sunday

Local quality produce.
Creative dishes with Olivier's French flair.
Seafood ranging from popular Hake and Ling
to prime Turbot.

~ Early Menu Also Available ~
(Last orders 7.30pm)

Fine Dining at Great Value

Tel: 021 477 2443

Magic Vacations Top 10 Travel Deals!



- 1 Disneyland Paris** Summer Sale Now On! Includes 15% off your stay, kids under 12 stay & play FREE and FREE meals for kids! 2ad+2ch from €1350 Departing Cork 22nd May. 3 nights/4 days.
- 2 Cork to Lanzarote** 5th March for 7 nights, Club Sirocco apartments in Costa Teguisse. From €329pp
- 3 Longhaul Special for August!** 3 nights Hong Kong, 10 nights Bali and 3 nights in Singapore, flights ex Cork, all 4* hotels. From €2640pp
- 4 Cruise Offer:** 7 Night Spanish Med Cruise. Itinerary – Palma, Barcelona, Ibiza, Malaga and Gibraltar. From €499 pp (cruise only price)
- 5 Cork to Turkey** 15th May for 7 nights, 4* Pine Club Apartments in Kusadasi. From €344pp
- 6 Orlando May Sale** – 2 adults and 2 kids from €559pp, Including flights, 7 nights accommodation in Orlando and all taxes.
- 7 Easter Special** Gran Canaria ex Cork 23rd April Gloria Palace. 7 nights from €699pp
- 8 Cork to Amsterdam** 16th May for 3 nights, 3* Delta Hotel in Amsterdam. From €275pp
- 9 Dublin to Mexico** in May. Moon Palace in Cancun (All-Inclusive) 7 nights. From €1655pp (includes \$1500 Resort Credit)
- 10 Spend St Patrick's Day in Boston!** Flights from Dublin 5 nights in the Midtown Hotel, based on 2 adults and 2 kids. From €605pp

All offers subject to availability - Early booking essential

Magic Vacations,
Emmet Place, Kinsale
(over Moloney's Chemist)



Tel: 021 -4700568 email: experts@magicvacations.ie
www.magicvacations.ie



Garden Design & Landscaping

Sweetpea Garden Design has been operating in Kinsale and environs for 14 years.
The team comprises:

• **Adam Haibach** •
Diploma Horticulture

• **Attila Nagy** •
Currently studying for Royal
Horticultural Society exams

• **Paul McGovern** •
Diploma Horticulture; B.A. Psychology

We have been successfully operating through the recession because of our competitively priced quotations, quality workmanship, knowledge of our craft and attention to our many valued clients.

Many examples of our work are available for viewing throughout Kinsale. These can also be seen on our website: www.sweetpealandscapes.com

We will do all outside work around your home including:

Garden Cleanups

**Patio Cleaning
and Power Washing**

Garden Design

Fencing

Weed Spraying

Stone Walls

Decks

Stone Patios

Driveways
Gravel & Brick Paving

**Pruning Large Trees
and Hedges**

**Planting Hedges
and Trees**

Planting of Perennials:
providing flowering interest
throughout seasons

Grass Cutting

Lawn Improvement
moss removal & fertilisation

Water Features

Pergolas

Vegetable Gardens

**Low Maintenance
Gardens**

Railway Sleepers

*We work at least twice as fast as unqualified gardeners
Our equipment is state of the art • We work to schedules • No job too small
We can provide & plant shrubs at cheaper rates than your local garden centre*

Contact Paul McGovern:

M: 087 6417068 **T:** 021 4774020 **E:** info@sweetpealandscapes.com

www.sweetpealandscapes.com

facebook

The White Lady

Nightclub & Music Venue



www.whiteladyhotelkinsale.ie

Telephone: 021 477 2737

Saturdays

11.30pm 'til late

***NEW* BBQ MENU**
+ OUTDOOR SEATING AREA

Plus Tasty Special Offers
In The Club All Weekend...

The Bull Round €20
(4 Vodka + 2 Red Bull)

The Bomb Round €20
(4 Jägermeister + 2 Red Bull)

Bonanza Bucket €15
(5 Bottles of Beer)

Sundays

11.30pm 'til late

***NEW* BBQ MENU**
+ OUTDOOR SEATING AREA

-FREE SHUTTLE BUS-

From Town Every 5mins
Sat & Sun 12am - 1.15am

- Ideal Party Venue -

Full Catering Available inc. Hot/Cold Buffet.
Contact Anthony, Róman or Peter

daisychain flowers

Pearse St., Kinsale Tel: 021 477 4643

Just in...

Beautiful coloured zinc jugs
and containers for spring.

Also new range of tinkling toadstools
and other ceramic garden ornaments.

Gorgeous coloured baskets. Still have
the Peonie rose plants. New bedding
plants arriving twice weekly.

Look out for special offers!!!

www.daisychain-kinsale.com

*All things bright and beautiful
at Daisychain Kinsale!*

MARCH MADNESS

UP TO

25% OFF

ALMOST EVERYTHING!!!



The Blind-Maker

Southside Ind. Estate (Near EZ Living),
Pouladuff Road, Togher, Cork

Also at Flor Griffin
Bandon & Ballincollig

021 4320111
www.theblindmaker.ie

Free Home Consultation, Measuring & Fitting - OPEN 6 DAYS

VIZZA

PIZZERIA

PIER RD KINSALE

Feeling Hungry?

To get piping hot, delicious, freshly made pizza delivered to your door just ring in your order. We make fresh & deliver!

Take Away Offers

(Available Sunday to Thursday)

Order Any 4 Pizzas
...get 1x 9" Pizza **FREE**

Order Any 5 or more Pizzas
...get 2x 9" Pizzas **FREE**
PLUS 5% DISCOUNT

FREE DELIVERY WITHIN KINSALE
OUTSIDE KINSALE: FREE DELIVERY
FOR ORDERS OVER €20
(SMALL CHARGE OTHERWISE)

CHECK OUT OUR
***** LOYALTY CARD *****

OUR GUARANTEE:

If not delivered within 45 Minutes from phone order, 10% reduction applies

087 697 5255
Open 7 Days A Week

Vista

on the Marina

Contemporary Café, Wine Bar & Bistros



New Spring Menu

**NEW IMPROVED PRICING
ON ALL MENUS**

(Sample ONLY)

Breakfast: Scone & Coffee €4.90

Lunch: Soup & Sandwich from €4.95

Evening Main Dishes: Catch of the Day: €19.95

Evening Tapas: Asian Beef Salad €8.95

Cold Tapas: Shredded Duck Pancake €6.50

Upstairs @
Vista

with our balcony commanding stunning marine views. The perfect setting for Private Groups, Parties, Intimate Weddings etc.

Contact Colette 470 6866



AGA TURKISH BARBER

THE GLEN, KINSALE
(Next To Hamlets, formerly SWS Office)

**Opening
Monday
March 14th**

**Gents Hair Cuts
Hot Towel Shave
Steam Shave
Wedding Preparations
Gift Vouchers Available**

...also available for the ladies:

**Eyelashes, Gel Nails, 3 Week Manicure, Hollywood Toes, Ergoline Sun Bed
Call For Details: 087 669 0081**



AA FIRE PROTECTION

Over 25 years in the fire business including 5 years at sea

**Commercial, agricultural, domestic,
mobile homes & transport covered to
European agreement requirements (A.D.R.)**

**All types of fire extinguishers supplied,
serviced & refilled. Fire blankets also supplied**

**Carbon Monoxide and Smoke Alarms
Supplied & Fitted**

Member of FIAI, Company No. 1053

AA Fire Protection, Ballyvrin, Dunderrow, Kinsale Co. Cork

086 2654 375 or 021 477 5868

info@aafireprotection.ie

www.aafireprotection.ie

WANTED

**Rooms / Houses
Self Catering or B&B**



**For the May
Bank Holiday Weekend
29th April – 2nd May**

**Within 10 mile Radius
of Kinsale Town**

**If you can provide rooms
at competitive rates
register your interest at:**

kinsale7s201@gmail.com

**BAR FOOD
SERVED
TUES TO SUN
FROM 12.30pm**
inc. Daily
Specials
for €10 with a
glass of wine or
Folkhouse Lager

The Folk House

Guardwell, Kinsale. T: 021 4772382

**CHECK OUT
THE GREEN
ROOM**
A Relaxing
Environment Also
Available for
Private Bookings

FRI 4th

THE CADILLAC CATS
4 Piece Blues, Rock Covers

SAT 5th

BROGUE HILL
4 Piece Old School Rock & Folk with Touch of Trad

SUN 6th

THE BIG ORDEAL
3 Piece Covers Band

+ CHASE THE ACE, 6.30pm-9.30pm, JACKPOT NOW €350!

THURS 10th

SOUL SESSION ORCHESTRA
5 Piece Funk, Soul, Groove & Jazz

FRI 11th

THE FRETS
Lively 2 Piece Playing Everything from Trad to Rock to Jazz

**ALL
SPORTS
SHOWN
ON
2 BIG
SCREENS!!!**

Bacchus Nightclub

Guardwell Kinsale



FRI 4th Mar
with DJ Garian
LIVE MIXING OF OLD & NEW
Doors 11:30pm
FREE ENTRY b4 12:00am

SAT 5th Mar
with DJ Sean
90S CLUB CLASSICS & CHART
Doors 11:30pm
FREE ENTRY b4 12:00am

THURS 10th Mar
with DJ Mark
ALL THE OLD & NEW CLASSICS
Doors 11:30pm
FREE ENTRY ALL NIGHT




JIM EDWARDS
 BAR & RESTAURANT

Available All Day from 12pm


- ~ Bar & Restaurant Menus
- ~ Lite Bite Menu
- ~ Special Value Dinner Menu
 2 Course: €20 - 3 Course: €25
- ~ Lunch Menu & Daily Specials
- ~ Sunday Lunch (4 Course) €23.90

Gift Vouchers Available
 Excellent Ensuite Accommodation

Tel: 021 477 2541
www.jimedwardskinsale.com



KINSALE PILATES STUDIO



**Antenatal Pilates
 6 Week Courses**

Starting Monday 21st March, 6.45pm
 (For women in their 2nd & 3rd trimester)

- * feel calm, relaxed and energised
- * strengthen 'core' muscle groups
 - ✦ improve posture
 - ✦ reduce backache
- * make more room for the growing baby
 by lengthening the spine
- * achieve a flatter stomach and pelvic floor control
 more quickly after delivery

Max 5 people per class
Phone Trudy
087 610 6285

Located at the top of Featherbed Lane, 5 minutes walk from
 Kinsale Town Centre. All classes are taught by an experienced
 STOTT™ Pilates certified instructor.



**CORKERY
 INSULATION**

Belgooly, Co. Cork

WHY INSULATE YOUR HOME?

- ✓ Dramatically cuts the cost on heating bills.
- ✓ Makes your home more comfortable.
- ✓ Makes your home more energy-efficient.

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Fast, Reliable & Quality Insulating Service
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 Under Home Energy Saving Scheme



Laura Hagger Chiroprapist/ Podiatrist
 D.Pod.M, M.Ch.S.I, S.R.Ch.

**Haven Bay
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 Clinic**

✓ Health Board Approved

SPECIALIST FOOTCARE / CHIROPODY CENTRE

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 No 26 Haven Bay Apt, Ballinacubby, Kinsale

- Routine Footcare • Specialist Diabetic Footcare
- Nail Surgery • Orthoses and Insoles
- Sports Injuries • Children's Foothlth
- Verruca Treatment • Acupuncture
- House calls now available



C SPA



Spring Hydrating Ritual

Includes All of The Following

Cleopatra Milk Bath
Coconut Hydrating Body Wrap
Elemis Skin Brightening Taster Facial
Nourishing Milk Hair Treatment

ONLY €69
MONDAY - THURSDAY
PER PERSON

ONLY €89
FRIDAY - SUNDAY
PER PERSON

Available Monday to Sunday - Valid till the end of April 2011

Contact the C Spa 021 4706625

CARLTON
HOTEL & C SPA
KINSALE

Carlton Hotel & C Spa Kinsale

T: (021) 4706000 W: www.carlton.ie/spa
E: cspa.kinsale@carlton.ie

Junior Tennis Coaching Term 2

Beginners • Intermediate • Advanced

6 weeks

€55 members (€75 non-members)

Coaching days available: Mon-Fri (Groups/Individuals)

Payment due: 1st day of coaching by cheque or cash



**Newcomers
welcome!**

| Time | 3.30pm-4.30pm | 4.30pm-5.30pm | 5.30pm-6.30pm |
|-------|--------------------------------|--|--|
| Mon | Young Rascals 5-7yrs | Intermediates/Advanced 8-11/12yrs | Advanced/Intermediate 12-17/18yrs |
| Wed | Young Rascals 5-7yrs | Beginners/Intermediates 8-11/12yrs | Beginners/Intermediate 12-17/18yrs |
| Thurs | | Advanced 8-11/12yrs | Advanced/Intermediate 12-17/18yrs |
| Fri | Young Rascals 5-7yrs | Beginners/Intermediates 8-11/12yrs | Beginners/Intermediate 12-17/18yrs |

For further info and booking contact Sabine:

M: **087 9872783** or email: **sabinegraef@eircom.net**

The Market Garden

GENERAL GROCERY

Specialising in Fresh Fruit & Vegetables,
 Dried Fruit, Nuts, Spices and Herbs...
 Fruit Baskets Prepared Potatoes
 & Vegetables.

Open
 Mon - Sat
 9.00am
 to 5.00pm



THE GLEN, KINSALE. Tel: 477 4574

An Evening of Dinner & Music

from the
"Great American Song Book"
 Featuring the

The Billy Crosbie Trio
 with Kathy Nugent
 & Jimmy O'Byrne

Saturday 12th March
@ Trident Hotel

Tickets €45pp or 2 for €75
 Call 021 4779300
 or 087 2607213



Daltons Bar

Market St, Kinsale. Tel: 021 477 7957

Every Monday
**Traditional
 Irish Music
 & Sing Along**



TRIDENT

HOTEL / KINSALE



...Perched on the Water's Edge

New Value Evening Menu for March Only €25.00

Steamed Oysterhaven Mussels with Chilli & Ginger
In house Smoked Chicken with Lemon & Lime Dressing
Tartar of Kinsale Seafood with Greek Yogurt
Tomato & Seafood Chowder

§

Pan-fried Sirloin of Prime Irish Beef with Pepper & Brandy Sauce
Baked Fillet of Monkfish with Tomato & Caper Butter Sauce
Supreme of Chicken with Smoked Bacon Lardon & Chive
Penne Pasta with Rocket & Parmesan Shavings

§

Butterscotch & Honeycomb Cheesecake on a Banana Scented Anglaise
Steamed Chocolate Pudding with a Chocolate & Bailey Ice Cream
Coconut & Lemon Meringue Pie with a Mango Salsa
Raspberry & Mango Parfait with Red Berry Compôte

Communions & Confirmations

The Trident is now taking bookings for First Communion and Confirmation Lunch & Dinner.
Celebrate this special time with our value menus from only €25.
We also offer a children's menu. A Communion/Confirmation child eats FOR FREE!!
To make a booking please telephone 021 4779300 or email: info@tridenthotel.com

www.tridenthotel.com



THE SHACK



ON MAIN STREET, KINSALE

Open 6 Days a Week

**Wednesday - Monday from 5.30pm
& Sundays 4.30pm**

For Reservations: 021 4774480

Come along... and tell a friend!

Cardio Kickbox

**A fun way to tone up
& lose weight!!!**

All fitness levels welcome

Thursdays

**Temperance Hall,
Kinsale
7pm - 8pm**

**Only €5
per class**

Contact Jemma on

086 3455033



**Computer
Troubleshooters**



TECHNOLOGY SOLVED

We are not a big box chain store

We are not your cousin's neighbour
who is "good with computers"

We are not the faceless tech on the phone
who is half way round the world

We are not the guy that gets to you
when he's finished his day job

For fast professional, reliable,
locally based computer services &
sales, give John Hardiman a call

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Need on site service?

We can come to your home or office!

Ena's Hair Salon

Ballinspittle, Co. Cork.

021-4778776

Spring Special Offers

Full Head Meche
with Cut from €70

1/2 Head Meche
with Cut from €50

Full Head 'Colour Herbe' Meche
with Cut from €75

1/2 Head 'Colour Herbe' Meche
with Cut from €55

Permanent Hair Colour
with Cut from €42

Permanent 'Colour Herbe' Hair Colour
with Cut from €50

Semi Permanent 'Colour Herbe' Hair Colour
with Cut from €40

OPENING HOURS:

Tuesday - Thursday 9am - 6pm

Saturday 9am - 5pm

Late Opening Friday 9am - 7pm

SPECIALISING IN



COLOUR HERBE
Permanent Hair Colour

Toddies Restaurant

BULMAN BAR, SUMMERCOTE, KINSALE

Bord Fáilte Tourist Bar
of the Year 2010

Lucinda O'Sullivan
Great Places To Eat

Georgina Campbell
Irish Guide 2010



Bridgestone
100 Best Restaurants
In Ireland 2001-10

Winner Of The
Best Gastro Pub
In Cork 2010

Now Open
from 6.30pm with our
new look, new menu,
same stunning venue!

Bookings now being taken.
After dinner, enjoy music in the bar.

 T:021 477 2131 / 021 477 7769

Lunches are back!

Bulman

SUMMERCOTE, KINSALE

**Serving Lunch from
Saturday 5th March**

*** New Bar Menu ***

Served 12.30pm to 5pm.

Music This Week

Saturday 5th March

The Hussars, 10.15pm

Sunday 6th March

Boozy Schmoozers, 6pm
(Sonny, Alan & Mike)

T:021 477 2131

 www.thebulman.ie

Kevin MURPHY

M.C.C.

I would like to take the opportunity to thank all those who voted for me in the Dail General Election last Friday. I would also like to thank my election team, members of Fine Gael, their families, friends and supporters who gave so much of their time to canvassing for me over the last four weeks.

I can assure you all that I am available as always to assist you as a Member of Cork County Council. Feel free to contact me any time.



Mob: 087 2417843
email: kevin.murphy@corkcoco.ie



- Spring 2011 -
**The Kinsale
Equestrian Centre**

- Upcoming Events -

Next Gymkhana: Friday March 4th - All Welcome!

New Adult Beginner Class: beginning Saturday March 19th.

Adult Stable Management Course: 3 night course - Monday 4th, 11th & 18th April

Riders and Non-riders welcome. Everything from grooming and tail bandaging through to loading a horse in a horsebox and everything in between will be covered.

Easter Camp: will be held on Tuesday 26th, Wednesday 27th & Thursday 28th April

Summer Camps; Senior Camp (age 12+) Mon 4th - Fri 8th July;

Inter Camp (age 9-11) Mon 11th - Fri 15th July; Junior Camp (age 5-9) Mon 18th - Fri 22nd July

- Horse Riding Lessons

Whether you are an experienced rider or a beginner, we have horses and ponies to suit all ages and abilities.

- Adult Beginner lessons - **ENROLLING NOW!**
- Children Beginner lessons every week. Age 4+. All beginners are kept on the lead-rein until they are competent with the rising trot.
- Adult Novice/Intermediate lessons are held on Tuesday, Thursday and Saturdays.
- And Children/Young Adult lessons for all levels are held throughout the week.

- Trekking

Kinsale Equestrian Centre offers horse and pony trekking around 50 acres of grassland, overlooking the Bandon river, and around the Kinsale area. Treks are run daily.

- Children's Birthday Parties

Book your birthday party with us and take part in pony games, vaulting races, grooming competitions and much more.....

- Livery

Full livery is offered in a safe and secure environment. Grass turnout.

- Gymkhana (Showjumping Competition)

Monthly Gymkhanas are held. With the emphasis on fun as much as competition.

- Hacking Out

Novice/Intermediate level and above. See Kinsale and surrounding areas from horseback.



Call Zoë on 086 853 0894 • Email info@kinsale-equestrian.ie

AIRE approved • Fully Qualified BHS Instructor

Large Indoor Floodlit Arena • Trekking trail around 50 acres of grassland.

www.kinsale-equestrian.com

What's Happening

@



THE

BLUE HAVEN

COLLECTION

COOKERY - DEMONSTRATIONS -

Learn to cook delicious food & have fun.
Remaining demonstrations include:

March 8th: Feeding your kids with their health in mind.

Blue Haven chefs team up with
children's healthy eating expert
Lucy Hyland from *Food For Living*

March 22nd: Cooking with Pastries

March 29th: Spanish Cooking €25 per class.

Call 021 4772209 or email
info@bluehavenkinsale.com

- THE BLUE HAVEN HOTEL -

Dine in The Blue Haven on the
fantastic Early Bird Menu

for only €19.95 for 2 course menu
and €23.95 for 3 course menu.

- MUSIC 7 NIGHTS A WEEK -

@ The Blue Haven Bar

- LUNCH TIME -

@ THE OLD BANK HOUSE CAFÉ

Eat in or Take out. Can't stop for Lunch?
Why not call in your order to The Old Bank
House 021-4706090 and we can have it ready
for you to collect, great coffee, take out
sandwiches, soup, cakes and more!



www.bluehavencollection.com

T 021 477 2209

New Public & Products Liability Scheme for Farmers Markets Starting from €350



Please email: Padraig@pjfitzgerald.ie
for an exact quote or phone:

021 477 2001 / 021 477 2332

KINSALE PHYSIOTHERAPY & SPORTS INJURY CLINIC

Now At Market Street, Kinsale.

(Opp Collins Kinsale Pharmacy)

Susie Hechquer

Chartered Physiotherapist

M.I.S.C.P., M.C.S.P., S.R.P., O.C.P.P.P.

Tel: 021 477 4636

or: 021 477 8932

Mob: 086 191 8899

Specialising in treatment for:

- Musculoskeletal Joint Pain •
- Back & Neck Problems •
- Rehabilitation For
Neurological Conditions
- Chest & Respiratory Care •

HOME VISITS ARE
ALSO AVAILABLE
BY APPOINTMENT



Always make sure that your Physiotherapist is chartered



Kinsale As Seen On
'Nationwide'

Deep Sea Angling & Scenic Tours

38ft Aquastar, Operating All Year!

- Full & 1/2 Day Trips
- Shark Fishing
- Stag Parties etc.
- Scenic Tours Include
The Old Head etc.
- Whale/Dolphin Tours



Contact Butch:

M: 086 103 6905

T: 021 477 8054

www.anglingkinsale.com

email: info@anglingkinsale.com



HAMLETS CAFÉ BAR

www.hamletsofkinsale.com

021 477 2939

:: Open 7 Days, Serving Lunch & Dinner ::

with delicious food specials from €7.50
plus full bar menu available all day until 10pm

:: The very best DJs every weekend ::

:: Promotion with Cheltenham @ Hamlets ::

All racing will be shown
on our 6 screens (incl smoking areas)

VIP Lounge available to book
for groups of 10 or more

Also Guinness pints only €3 for Cheltenham

Plus €5 betting voucher
to be won for each race!!!



:: Service Industry Night - Every Sunday ::

Beer of the week promo - All Carling pints €3

Special deals for finger food for 10 or more when pre- booked

Call Tony on 021-4772939 for more details

:: Food @ Hamlets ::

Did U Know?... All our 12 inch Pizzas are now €8.50
Did U Know?... You can get a bottle of great house wine for €15
Did U Know?... We serve hot lunch time specials from €7.95
Did U Know?... You can have a bowl of soup and sandwich for €6.95

The Front Lounge

at An Seanachai, Main Street, Kinsale



The Front Lounge, Kinsale, is holding a
Coffee Morning for Kinsale Lions Club
Friday 11th March, 10am to 12pm



The Front Lounge is an old world sports bar with blazing fire, cosy corners and comfy couches, perfect to sit back enjoy a drink while watching a game by the fire on our 2 large screens. It's a new edition to The Blue Haven Collection and we have teamed up with the very active and inspirational Kinsale Lions Club to host what will hopefully be a busy morning with all proceeds going to local charities.



Main Street, Kinsale. Open 7 nights; 6pm Mon-Fri and 12pm Sat & Sun
Tel: 021-4709736 email: seamus@bluehavenkinsale.com

Beechwood Farm

Free Range Eggs

Ballyregan, Kinsale - HAACP Compliant

Pancake Tuesday, 8th March

Our eggs are sold locally:

- **Mobile Farm Shop**
open daily, located at our farm.
- **Barretts Butchers Kinsale/Riverstick**
6 pack large & trays medium (30eggs)
- **Quay Food Co.** 6 pack large
- **Kinsale Farmers Market**, Wednesdays

We supply all catering establishments, B&Bs,
Guesthouses, Shops, Farmets Markets etc.
Efficient Delivery Service - Competitive Prices

Contact Siobhán O'Regan

086 829 2771

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Monday to Friday: 9am - 5.30pm
Saturdays: 10am - 2pm

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- ▶ Carbon Monoxide Testing & Safety checks
- ▶ Boiler upgrades SEAI & Flogas grants available up to €750.



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from the comfort
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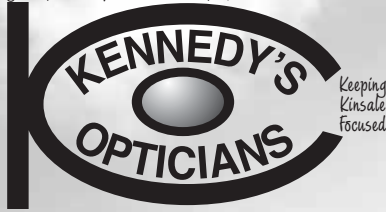
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Sunglasses • Low Vision Aids • Safety Spectacles
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Medical Cards/PRSI welcome • Contact Lenses
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Tuesday to Saturday**

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Supplied & Fitted*

Free Design & Quotation

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of Finishes at*

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*****Special Offer*****

*Indesit 6kg Vented Tumble Dryers
only €150*



The
White House

FULLY LICENCED GUESTHOUSE & BAR

Breakfast Served from 8am - 12noon
Food Served Daily from 12noon - 10pm

~ Spring Special Menu ~

3 Courses €25 inc Tea/Coffee

2 Courses €20 inc Tea/Coffee



Catch all the excitement of

Cheltenham

(March 15th - 18th)

with Fantastic Promotions

in association with **Ladbrokes**

including **FREE BETS**

**ALL RACES LIVE INCLUDING
LAST 2 RACES ON RACING UK**

Friday 4th March

Leon Buckley, 10.30pm

Sunday 6th March

Mike O'Riordan, 9pm

St. Patrick's Day - Thurs 17th March

Mike O'Riordan, 5-7pm

Your hosts The Frawley Family & Staff



Tel: 021-4772125

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| 2000 | €180 |

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full colour on 1 side
(120g paper)

| | |
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| A1 | 1 | €35 | A3 | 5 | €18 |
| A1 | 3 | €90 | A3 | 10 | €28 |
| A2 | 1 | €19 | A3 | 20 | €38 |
| A2 | 3 | €51 | | | |
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| A2 | 10 | €140 | | | |

NCR Docket Books

A5 Duplicate 2 part (100 dups)

| | | | | |
|----------|------|------|------|------|
| Quantity | 10 | 20 | 50 | 100 |
| Cost | €116 | €144 | €270 | €450 |

A4 Duplicate 2 part (100 dups)

| | | | | |
|----------|------|------|------|------|
| Quantity | 10 | 20 | 50 | 100 |
| Cost | €142 | €198 | €410 | €725 |

A5 Triplicate 3 part (50 trips)

| | | | | |
|----------|------|------|------|------|
| Quantity | 10 | 20 | 50 | 100 |
| Cost | €116 | €144 | €264 | €432 |

A4 Triplicate 3 part (50 trips)

| | | | | |
|----------|------|------|------|------|
| Quantity | 10 | 20 | 50 | 100 |
| Cost | €138 | €186 | €390 | €695 |

The above docket book prices are based on print ready pdf files supplied.

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- TUES** 10am-11am Fundamental Pilates mat work course
with Rose 087 1332326
11.15am-12pm Spin with Steve (beginners drop in)
2pm - 4.30pm Swimming Lessons
7.00pm - 7.45pm Spin Class with Scott (all levels)
- WED** 10.30am-11.30am Water Exercise & Weight Loss with Alana (drop in)
2pm - 4.30pm Swimming Lessons
7.00pm - 7.45pm Kettle Bell Basics with Scott (must be regular users of the gym, recommended
min 6mins to be eligible to partake in this class)
8.00pm-8.45pm Kettle Bell (advanced) with Scott
- THURS** 10.30am-12pm Parent & Baby Swim Social (Children Free)
2pm - 4.30pm Swimming Lessons
6.30pm-7.30pm Water Exercise & Weight Loss with Alana (drop in)
7pm - 7.45pm Spin with Scott (Intermediate/Advanced)
- FRI** 7.15am-8am Kettle Bell (beginners) with Scott
9am-9.45am Kettle Bells (advanced) with Scott
10.30am-11.30am Pilates Ball Course with Rose 087 1332326
(Bring your own ball)
6.30pm-7.30pm Men's Core Strength through Yoga & Pilates
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7.30pm-9.00pm Thai Boxing (all levels) With Thady 086 0508286
- SAT** 10am - 11.30am Ashtanga Flow Yoga with Mary



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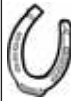


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Don't forget to have your pet's vaccinations up to date! ...see your vet!

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ENERGETIC, ENTHUSIASTIC PERSON REQUIRED

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Chef for a busy Café

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Please drop in your CV to Reception in the Blue Haven Hotel, Kinsale, or email to info@bluehavenkinsale.com

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*has a vacancy for a full-time
seasonal assistant aboard
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Starting Date: April 1st

Forward CVs and references to:
harbourcruises@gmail.com

Closing Date For Applications:
Mid March



Tabor Lodge Addiction & Housing Services Ltd

SEEKS TO RECRUIT A PART-TIME NIGHT NURSE

For further information contact: 021 4887110

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Hair Creations
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Detached house or bungalow, 3 bed min.

Professional local couple. No pets. No children.

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3-bed Riverside Location, stunning views,
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BOOK NOW - NO ADDITIONAL COSTS
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NOTICES

KINSALE ACTIVE RETIREMENT ASSOCIATION

Tues 8th Mar, Temperance Hall 2.30pm

An Evening of Irish
& Old Time Dancing

Stickyfingers Preschool

Near Ballinspittle

Full Day Crèche & Playschool
ECCE Free Playschool, After School Care
Now Taking Sept. 2011 Bookings
Contact Olwyn Shorten 021 4778387

KINSALE CARDIAC SUPPORT GROUP

Meet the 2nd Thursday of every month.
Haven Bay Care Centre, Kinsale 7:30pm-9pm.
For more info: Imelda 021 487 2626

Ages 8mts-4yrs,
to attend with parent/carer

BUMBLE-BEES

Fun Child Developmental Classes Through Musical Play,
Puppetry, Singing, Creative Dancing and Story-Telling.

CLASSES HELD @ ACTONS HOTEL
CECILY COTTER: 086 371 2626

*** PHONE FOR FREE TRIAL CLASS ***



Ballinspittle Defibrillator Group AGM, Monday 7th March

Ballinspittle Community Centre, 8pm

Anyone Wishing To Join Call Olivia Murphy 087 774 9991



Little Rascals Montessori School

Fiona: 021 477 7687 - 087 224 8816

- Open Monday - Friday -

Montessori Classes: 9.15am - 1.00pm
Part Time Care: 8.00am - 1.00pm
Full Day Care: 8.00am - 6.00pm

ITEMS FOR SALE

Contents of B&B
at Waterlands. Can be viewed on
Tuesday 8th March, 2pm-5pm
Phone Joan Collins: 087 276 7917

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FREE TO GIVE AWAY

GOOD CONDITION, BUT NEEDS A LITTLE WORK
MAY SUIT CHOIR OR MUSICAL/COMMUNITY GROUP
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...€20 provides a starter loan to help a family set up
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for one term, making sure they receive
an education and the chance of a better future,

Padraig Fitzgerald 021 4772001

Kinsale Garden & Flower Club Thursday 10th March, St. Multose Hall, 8pm

'Spring in your Garden' by Ruth Good. AOIFA .
Visitors and New Members always welcome.



CARE & REPAIR PROGRAMME



Free Handyman Service for Older People in Kinsale
Volunteers are Garda vetted and carry official Age Action ID cards.
Arrange to have a job done for you by phoning **1890 369 369**

What's On... What's On... What's On... What's On...

FRI 4th MAR

AN SEANACHAI:
Sweet Nectar.
BACCHUS NIGHTCLUB:
with DJ Garian, 11.30pm.
BLUE HAVEN BAR:
Crazy Chester, 10pm.
FOLKHOUSE:
Live Music with
The Cadillac Cats.
HAMLETS CAFÉ BAR:
Live DJ.
SPANIARD BAR, SCILLY:
Lazik + Support, 8pm.
STUDIO BLUE NIGHTCLUB:
Doors 11pm.
TEMPERANCE HALL:
Drum Circle, 7.00pm.
WHITE HOUSE:
Live Music with
Leon Buckley

SAT 5th MAR

AN SEANACHAI:
Mike O'Riordan, 7.30pm
Crazy Chester, 10pm.
ARMADA BAR:
Live Music.
BACCHUS NIGHTCLUB:
with DJ Sean, 11.30pm.
BLUE HAVEN: John Bates
& Grainne Long, 10pm.
BULMAN, SUMMERCOTE:
The Hussars, 10.15pm.
FOLKHOUSE: Live Music
with Brogue Hill.
HAMLETS CAFÉ BAR:
Live DJ.
SEAVIEW CAFE & MARKET:
Food/Craft Market, 10am
SPANIARD BAR, SCILLY:
For Folk Sake, 9.30pm.
STUDIO BLUE NIGHTCLUB:
Doors 11pm.
WHITE LADY NIGHTCLUB:
Doors 11.30pm
Plus BBQ.

SUN 6th MAR

ARMADA: Live Music.
BLUE HAVEN BAR:
Sonny & Friends.
BULMAN: The Boozy
Schmoozers, 6.15pm.
FOLKHOUSE: 6.30pm
Chase The Ace
followed by Live Music
with The Big Ordeal.
HAMLETS CAFÉ BAR:
Service Industry Night.
**INCHYDONEY ISLAND
LODGE & SPA, CLONAKILTY**
Wedding Showcase,
2pm-6pm.
WHITE HOUSE:
Mike O'Riordan, 9pm.
WHITE LADY NIGHTCLUB:
Doors 11.30pm Plus BBQ.

MON 7th MAR

**BALLINSPIITTE
COMMUNITY CENTRE:**
Defibrillator Group AGM,
8pm, All Welcome.
BLUE HAVEN BAR:
Live Music with Arundo.
CARMELITE FRIARY:
Choir Group, 8pm.
DALTON'S BAR: Trad Irish
Music & Sing Along.

TUES 8th MAR

**ACTIVE RETIRED
ASSOCIATION:** An
Evening of Irish & Old
Time Dancing, 2.30pm
Temperance Hall.
ARMADA: Live Music.
BLUE HAVEN BAR:
Sonny & Friends.
BLUE HAVEN HOTEL:
Cookery Demonstrations,
'Feeding Your Kids'
with Lucy Hyland, 7pm.

TEMPERANCE HALL:
Set Dancing, 8.30pm.
WATERLANDS B&B:
Contents Sale, 2pm-5pm.

WED 9th MAR

BLUE HAVEN BAR:
Darren & Friends.
**KINSALE FARMERS
MARKET:** By Cronins'
Commercial Hall, 9.30am.
SPANIARD BAR: Live Trad.

THURS 10th MAR

BACCHUS NIGHTCLUB:
with DJ Mark, 11.30pm.
BLUE HAVEN BAR:
The Thursday Band.
FOLKHOUSE:
Soul Session Orchestra.
**KINSALE CARDIAC
SUPPORT GROUP:**
Haven Bay Care Centre,
7.30pm - 9.00pm.
For Info Call 021 487262.

**KINSALE GARDEN &
FLOWER CLUB:**
'Spring in your Garden'
St. Multose Hall, 8pm.
KINSALE LIONS:
Table Quiz, 7.30pm
Actons Hotel.

FRI 11th MAR

AN SEANACHAI:
The Cadillac Cats.
BACCHUS NIGHTCLUB:
with DJ Garian, 11.30pm.
BLUE HAVEN: Noel Shine
& Mary Greene, 10pm.
COFFEE MORNING:
For Kinsale Lions Club,
The Front Lounge, 10am.
FOLKHOUSE: The Frets
HAMLETS: Live DJ.
SPANIARD BAR, SCILLY:
Martin & Friends.
ST. MULTOSE HALL:
Charity Whist Drive, 8pm.
STUDIO BLUE NIGHTCLUB:
Doors 11pm.

KINSALE ADVERTISER

Next Issue:
St. Patrick's Week

Deadline:
Monday @ 5pm

We regret we cannot accept any adverts received after this deadline.

Please note:

**Adverts cannot be confirmed until
payment has been received in full.**

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E: info@kinsaleadvertiser.iol.ie



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